

# THE MEDITATIONS OF THE EMPEROR MARCUS AURELIUS ANTONINUS



LibriVox

GEORGE W. CHRYSTAL

## The Meditations of the Emperor Marcus Aurelius Antoninus

BY MARCUS ANTONINUS

"*The Meditations* is divided into 12 books that chronicle different periods of Marcus' life. No book is in chronological order, and all were written for himself. The style of writing is simple and straightforward, perhaps reflecting Marcus' Stoic perspective. In some English translations, Marcus' style is not viewed as elite, but that of a man among other men, allowing readers to relate to his wisdom. A central theme to *Meditations* is cultivating one's judgment of self and others, and developing a cosmic perspective. 'You have the power to strip away many superfluous troubles located wholly in your judgment, and to possess a large room for yourself embracing in thought the whole cosmos, to consider everlasting time, to think of the rapid change in the parts of each thing, of how short it is from birth until dissolution, and how the void before birth and that after dissolution are equally infinite.'"

(- Wikipedia)

Read by LibriVox Volunteers.  
Total running time: 04:47:46

This recording is in the public domain and may be reproduced, distributed, or modified without permission. For more information or to volunteer, visit [librivox.org](http://librivox.org). Copyright expired in U.S., Canada, EU, and all countries with author's life +70 years laws. Cover images via Wikimedia Commons. Cover design by Eva Davis. This design is in the public domain.

The Meditations – MARCUS ANTONINUS

The Meditations – MARCUS ANTONINUS